



RAMĀ ŚAKTI MISSION

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The imprint of the world is in the mind. Mind absorbs impressions of diverse nature. Out of these impressions are born the tendency of man, his character, his outlook and his mode of life. If the mind is to become an instrument of liberation, the lower movements have to be transformed into higher forces, the worldly tendency into spiritual aspiration.

Hence it is that Mother infused in you the vibrations of Her Word and the wisdom of Her instruction. The words of Mother should be printed, as it were, in your chitha; but to assimilate the words, you should have reverence, attention, devotion, faith, humility and single-minded loyalty to Mother's Teaching and Her sacred Cause. In the recesses of the chitha, these words form themselves into a force of Light.

It is this force that appears as the flashes of insight, as discriminative faculty; as the power to resist temptation; as equanimity during crisis; as courage during adversity; as patience during visitations of prarabdha. But you should open yourselves to the influence of the Guru. You should discover the underlying spiritual bond with the Guru. When you are established in this bond, you become a vehicle of the Guru's cosmic yoga shakthi. Then it will be Guru's power, Guru's Wisdom, Guru's Grace, that will guide you to the true and to the righteous.

By battling with the evil forces within, the character is built. Mind emerges stronger and purer. With such a mind and such a shining character you should reflect the true humanism. Then only you can rise to the height of divine perfection. Overcome anger by patience, hatred by love, pride by humility, partiality by justice, selfishness by sacrifice, and sense craving by devotion to God. Get over laziness by purposeful activity, sleep by vigilance, intellectual dullness by creative thinking, absent-mindedness by shraddha, and forgetfulness by sharpening of memory by Nama Japa and meditation.

To the noble, sublime, creative thoughts that arise in your mind, you should remain a witness. That is to say, receive them as gifts from the Guru for serving higher purposes. Thus, when evil vrittis are rejected, higher virtues are developed and noble thoughts are observed in witness-like passivity. The Chittha, exhausted of impressions, will return to its own primeval calm. In a state of utter calm only you can feel your affinity with the Divine, receive revelations from the Beyond and perceive God's glory and Will in every event and situation of your life.

The power that makes one forget God, His Name, His sportive play, the glory of His grace and the splendour of His divinity, is the evil arising from tamoguna. By faith in God, by practice of His Name, by loyalty to duty and by steadfastness in dharma, one should get rid of tamas. Without making God your constant companion, without making Him the sheet anchor of your life, you cannot solve the problems of Grihasthashrama. God must give you the insight, the courage, the detachment, the mental serenity and the unfading buoyancy of spirit. Hence cling to His Name.

Meditation should be practiced regularly. But having taken a dip in the purifying Ganga of meditation, you should not allow your mind to be soiled again by the senses (vishayas) to be agitated again by the emotive modes. Tremendous power is inherent in



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God's Name. If you are a votary of the Name, your whole being must vibrate to the music of the Name. Your qualities, habits, outlook, behaviour pattern, all these must change for the better.

God is the ground and substratum for all manifestations. Everything in manifestation comes under the category of cause and effect. Everything in creation is mutable and changeful. But God is above the plane of cause and effect. God is above the modes of nature. God alone is Real. Name links your inner being with the Being of God. The vibrations of the Name are surcharged with illimitable spiritual power.

The electric powerhouse may be far away; but by getting connected to it, you get the benefit of electricity in various ways. It can give you heat or coolness or light or air. God is the infinite powerhouse. When you get connected with this powerhouse of the Spirit through God's Name, your mind will become pure, clean and serene; you will become experts in the field of duty and adepts in the region of meditation. You will become an expression and embodiment of spiritual and moral force.

Name has nectarean sweetness. But only a heart over-flowing with devotion can enjoy it. Name is the refuge of the jivas struggling in samsara. Name is the support of life. As the fish cannot live without water, so too, the devotee cannot live without the Name. Name is the only saviour in distress and danger. If you have done anushtana of the Name, the Name will appear as the protective force at the hour of calamity, Name bestows peace. Name paves the way to Guru's grace. Name will make even the impossible possible. What is echoed in the puranas, what is proved in the lives of a host of devotees, is the power of the Manthra, of the marvelous efficacy of the Name of God.

The Name, the Mahamanthra, is preserved in the sanctum of devotion through an unbroken line of gurus and disciples. The bond between the Guru and the disciple, is abiding. It is a mystic relation existing on the deeper level of consciousness. All mundane intimacies are tarnished by maya; but the kinship between the Guru and the disciple reveals the eternal nature of pure and selfless love. Guru is the real redeemer. He lifts the disciple from the bondage of dualities. He burns up his illusions and ignorance. An ideal disciple bears on himself the stamp of Guru's divine power. He becomes not only a spokesman of the Guru, but also a reflector of His redemptive grace.